

Good Questions to Ask Your Farmer

FARM: _____

1. Are these fruits and vegetables organic?
2. How do you handle pests and weeds?
3. What motivates you to handle the pests and weeds in this manner?

Tips for buying eggs, dairy products, and meat

4. What do you feed your chickens, pigs, lamb, goats, or cows?
5. What is your policy on the use of antibiotics or hormones?
6. How much access to the outdoors do your animals have?

Support your farmers

7. What's the best way to stay in contact with you? (Facebook, e-mail, website, Instagram)
8. Aside from buying your products, are there other ways I can support your farm?

carolina farm 
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The Carolina Farm Stewardship Association is on a mission to bring local, organic food to your table from a farmer who shares your values - and we can't do it without you!

Join us!

www.carolinafarmstewards.org/join

919-542-2402

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