Managing pests without pesticides

Common companion planting guide:
~ Carrots & tomatoes for carrot flies
~ Alliums with leafy greens for aphids
~ Marigolds by tomatoes for tomato hornworms
~ Peppers with squash for vine borers & pickle worms

Tips for attracting beneficial insects:
~ Plant perennials near annuals
~ Reduce tillage
~ Plant flowers near crops to attract beneficial wasps

Ways to reduce pest pressure naturally
~ Keep a clean perimeter
~ Try to polycrop to confuse or deter pests
~ Introduce beneficial insects or nematodes
~ Do daily or weekly walks to catch pest issues early
~ Fertilize appropriately

Growing Green
FAMILY FARMS
SUSTAINABLE
REGENERATIVE
100% SPRAY-FREE