

# A MESSAGE FROM OUR EXECUTIVE DIRECTOR

## CFSA BOARD OF DIRECTORS

Ebonie Alexander Ciranna Bird Ardis Crews Ben DuBard Amy Fulford Robin Kohanowich Jennifer Lapidus Aeriel Miller Martha Mobley Joe Mosnier Amy Poirier Cecilia Redding Clay Smith Patrick Wagner Rodney Young



Roland McReynolds, CFSA Executive Director

We are excited to share with you the impact of our work in 2018 and 2019.

To be clear, "our work" is not that of the Carolina Farm Stewardship staff alone, but rather that of our collective network of staff, members, supporters and volunteers. Since our founding 40 years ago, our community has been built on a commitment to sustainability, respect for farmers and the environment, responsible agriculture practices and a secure, accessible,

local food system for all. Together, we are improving society's relationship with food, building a resilient farming community and leading the way in the good food movement. Please join us in celebrating the accomplishments of the past two years while looking ahead to a promising future of growth and continued success.

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## **ABOUT CFSA**

The Carolina Farm Stewardship Association (CFSA) is a farmer-driven, membership-based 501(c)(3) non-profit organization that's on a mission to bring local, organic food to your table from a farmer who shares your values.

## **OUR MISSION**

We help people in the Carolinas grow and eat local, organic food by advocating for fair farm and food policies, building the systems that organic family farms need to thrive, and educating communities about local, organic farming.

## **OUR VISION**

Cover Photo Credit: Katie Murray Boy Howdy Farm, Mebane, NC Create a regional food system that is good for consumers, good for farmers and farmworkers, and good for the land.

#### Impact Highlight: RESEED Recovery Fund

CFSA lead an initiative to provide affordable loans to small, sustainable farms in North Carolina and South Carolina who were negatively affected by Hurricanes Florence and Michael.

#### **Racial Equity Statement**

CFSA commits to embed racial equity within our programs, service and advocacy. In 2019, our Board of Directors' Racial Equity Committee, in conjunction with our staff, established CFSA's Statement on Racial Equity, Diversity and Inclusion. To read the full statement, please visit bit.ly/CFSA-racialequity

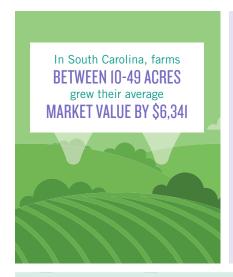
# THEORY OF CHANGE

CFSA works to build a healthy, just, and sustainable food and farming system while addressing today's pressing challenges, from a loss of farmers and farmland to the need for research and resources tailored to family farms, to the ongoing integrity of

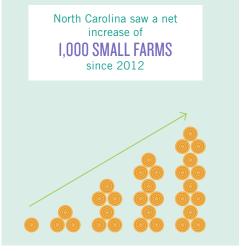
sustainable agriculture. CFSA also works to empower individuals to take part in decision-making about their community's food supply.

#### THE OPPORTUNITY





The number of USDA certified organic farms in South Carolina has grown from 8 farms statewide to MORE THAN IIO FARMS TODAY



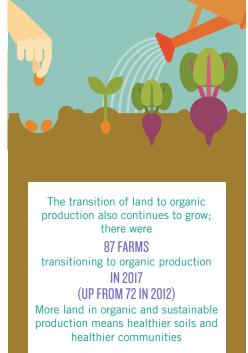




North Carolina farmer



The number of North Carolina USDA certified organic farms MAKING MORE THAN \$50,000



## BY THE NUMBERS ORGANIC PROGRESS

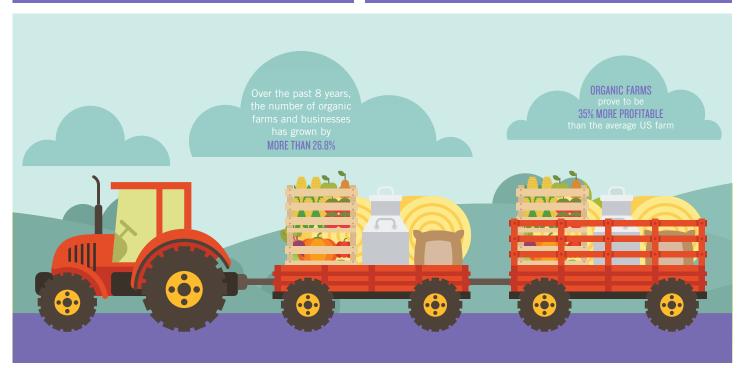


More than 82% of households in the US NOW BUY ORGANIC FOODS



In 2017,
North Carolina and South
Carolina farms produced
\$148.5 MILLION
worth of certified
organic products





# **EDUCATION**

We are equipping farmers with the tools they need to steward their land, grow organically, and sell to local markets. Our education events work to strengthen food system networks and build relationships within the community that enable farmers to thrive.

CFSA engages the public in local, organic agriculture by creating meaningful connections between farmers and consumers. We do this, primarily, through our annual Piedmont Farm Tour, which began in 1996. Since then, farms across the Carolinas have welcomed thousands of families, foodies, and aspiring farmers.

# FARM TOURS (2018-2019) 5,140 VISITORS 17,558 TOTAL FARMS VISITS 59 PARTICIPATING FARMS

#### SUSTAINABLE AGRICULTURE CONFERENCE

For 34 years, CFSA's Sustainable Agriculture Conference has brought together farmers, agricultural experts, researchers, buyers, consumers, and activists for a weekend of education, networking, and celebration.

in 2018 and 2019, the Sustainable Agriculture Conference included:

120 workshops

18 pre-conference intensives

7 bus tours

### ORGANIC COMMODITIES AND LIVESTOCK CONFERENCE

This one-day conference targets the needs of large-scale commercial producers by exploring emerging opportunities in sustainable wholesale and organic markets.

The 2018 and 2019 Organic Commodities and Livestock Conference included:

350 attendees

30 workshops

#### **Did You Know?**

Organic farming practices can enhance the soil's capacity to sequester carbon. In our work with farmers, CFSA works hard to ensure organic farms adopt an integrated, sustainable approach to agriculture that improves soil health, making for a healthier planet and, in turn, healthier people and communities.

## FARM SERVICES

#### 1:1 TECHNICAL ASSISTANCE

We continue to offer technical assistance to help farmers implement sustainable and organic production practices. CFSA's consulting services include:

- Organic Certification
- Conservation Activity Plans
- High Tunnels
- Food Safety
- Building Wholesale Capacity

#### CFSA WORKSHOPS FOR FARMERS

- 60 Cover crop attendees
- 83 Integrated Pest Management attendees
- 236 Wholesale production attendees
- 437 GAP certification attendees
- 124 Soil health attendees
- 261 Organic certification attendees
- 404 High tunnel attendees

#### CFSA CONSULTING SERVICES

- 11 Farmers completed Conservation Activity Plans
- 24 Farmers received organic transition consulting
- 7 Farmers became USDA certified organic
- 37 Farmers received high tunnel consulting
- 129 Farmers received GAP consulting
- 53 Farmers passed the GAP Audit
- Farmers helped through building wholesale capacity work
- Farmers helped through basic technical consulting services

#### ELMA C. LOMAX RESEARCH AND EDUCATION FARM

2019 marked ten years since the founding of the Elma C. Lomax Incubator Farm, recently renamed the Elma C. Lomax Research and Education Farm. In addition to providing practical training for beginning farmers, as it has since its founding, Lomax has grown in response to local citizens' desire for a healthier, more secure and more economically productive food system.

#### Since early 2018, we have:

- Provided hands-on learning opportunities to college students and S.T.E.M. activities to K-12 and high school students through our Student Outdoor Immersive Learning at Lomax (SOILLS) program
- Hosted over 100 workshops
- Welcomed partners and community members to monthly on-site gatherings

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# POLICY & ADVOCACY

Every year, our policy team works diligently to advocate for fair farm and food policies that benefit North and South Carolina's local and organic farms.

#### 2018 FARM BILL

CFSA and our partners at the local and national levels worked to ensure that the latest farm bill contained objectives that benefit local, organic agriculture such as:

- + Guaranteed funding for Value-Added Producer Grants (VAPG) that allow our Carolina farmers to reach more markets and grocery stores
- + Increased funding for organic agriculture research
- + Larger investments in beginning and minority farmers
- + Improved access to crop insurance products for diversified farms
- + Data collection that will help Congress make better-informed policy decisions in future farm bills

#### NCA&T MATCHING FUNDS REQUIREMENT

For the first time ever, the North Carolina General Assembly approved funding in the 2019 budget for the matching funds requirement for federal funding for agriculture research and land grant institutions.

#### CLIMATE CHANGE LETTER

Agriculture is on the front lines of a changing climate. Greater weather extremes, from recurrent 100-year floods to severe and prolonged droughts to greater heat waves, threaten workers, crops and livestock. As temperatures continue to rise, new pest and disease pressures are impacting crop yields and quality.

Along with a coalition of farm organizations and allies around the country, CFSA is taking an active role collecting signatures of support from North and South Carolina farmers on a farmer-authored statement regarding the climate crisis. The letter allows farmers in the Carolinas to express their deep concerns about the impacts of climate change on agriculture and to call on Congressional and USDA leaders for solutions that invest in rural and agricultural communities.

#### 2018 AND 2019 ACCOMPLISHMENTS

- Provided technical assistance to 7 local-level food councils regarding their formation
- Assisted 33 local-level councils with policy issues or agendas
- Supported 35 members who met with policy-makers

## MAJOR CORPORATE AND GOVERNMENTAL GRANTORS

American Heart Association
Blue Cross Blue Shield of North Carolina
Center for Environmental
Farming Systems
Community Food Strategies
Duke University Sanford School of
Public Policy
Duke University Environmental Law
& Policy Clinic
Eat Smart Move More - South Carolina

Eat Smart Move More - South Carolina Farm 2 School Coalition of North Carolina Midlands Local Food Collaborative

National Sustainable Agriculture
Coalition

NC Farms for NC Kids

NC Local Food Council
Santa Fe Natural Tobacco Company
South Carolina Department of
Agriculture
South Carolina Farm Bureau
South Carolina Rural Resource

Coalition South Carolina Small Business

Development Center Sustainable Foods NC

Sustainable Midlands

University of North Carolina School of Social Work

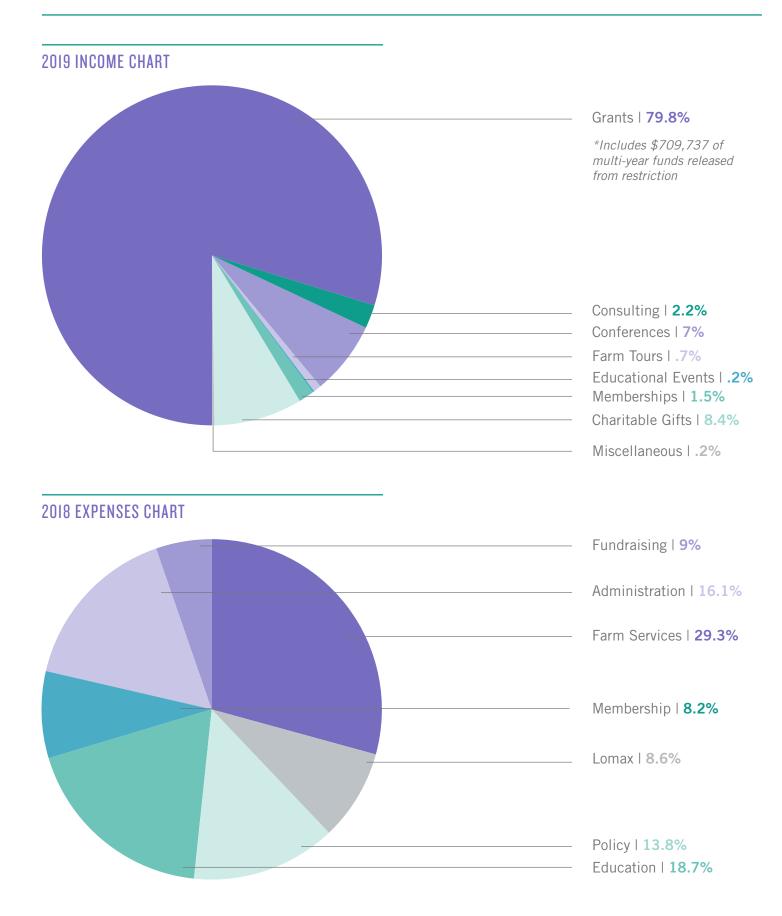
University of North Carolina Public Policy Capstone Program

#### **Policy Highlights**

CFSA reaches more than 10,000 members and subscribers annually through our digital communications. Some of our contenthighlights from 2018-2019 include:

- Farm Bill Friday videos on Facebook
- Legislative Breakfasts
- Questions for the Candidates
- NC 2018 Farm Act Analysis
- Census Analysis
- Farm-to-School Advocacy
- Action Alerts

# FINANCIALS PROFILE



# SPONSORS + FUNDERS

#### MAJOR CORPORATE AND GOVERNMENTAL GRANTORS

BlueCross BlueShield of North
Carolina Foundation
Cabarrus County
Carolina Farm Credit
Center for Environmental Farming
Systems (via NC State University)
Center for Rural Affairs
Clemson University
Georgia Organics
National Farmers Union Foundation
(NFUF)

National Sustainable Agriculture

Natural Capital Investment Fund

Coalition (NSAC)

North Carolina Agriculture
Development & Farmland
Preservation Trust Fund
North Carolina Department of
Agriculture and Consumer Services
North Carolina Growing Together
(via N.C. A&T State University)
North Carolina Tobacco Trust
Fund Commission
Ohio State University
Santa Fe Natural Tobacco Company
South Carolina Department
of Agriculture
Sustainable Agriculture Research and

Education (SARE) Program

The Burt's Bees Greater
Good Foundation
The Cannon Foundation
Triangle Community Foundation
UNFI Foundation
University of Florida
US Department of Agriculture
Agricultural Marketing Service
(AMS)
National Institute of Food and
Agriculture (NIFA)
Natural Resources Conservation
Service (NRCS)
Wells Fargo
Whole Foods Market

#### SPONSORS OF THE ORGANIC COMMODITIES AND LIVESTOCK CONFERENCE

Baystate Organic Certifiers BioRegen Innovations Co-op Brandt

Braswell Family Farms

Cannetics

Earth & Sky Solutions East Coast Hemp Supply Fair Products, Inc.

Farm Credit Associations of NC

Growers Hemp

Marrone Bio Innovations

NC Choices

NCDA Agronomic Services Division NC Farm Bureau Federation

NC State University

Organic Valley

Perdue

Santa Fe Natural Tobacco Company

Seitec Genetics Seven Springs Farm Southern Energy Management Southern SARE SQM North America Sweet Pea Transport

#### SPONSORS OF THE SUSTAINABLE AGRICULTURE CONFERENCE

Anson Mills

Atlas Greenhouses
Banner Greenhouses

Barn2Door

Big Spoon Roasters

BioRegen Innovations Co-op Black Mountain Chocolate

BlueCross BlueShield of NC

Foundation Brandt

**Brooks Contractor** 

Burt's Bees Greater Good Foundation

Carolina Culture Carolina Farm Credit Carolina Ground

California Certified Organic Farmers

(CCOF)

Cheney Brothers/Southern Foods

David & Eranda Bradshaw

Doc Porter's Durham Co-op Earth Tools

Edible Charleston
Edible Columbia

Evans Family Farm

Food Animal Concerns Trust (FACT)

Firsthand Foods Foster Caviness Freshlist FreshPoint Greenbrier Farms Happy Dirt

International Certification Services

(ICS)

Leading Green Marsha Back mesur.io Morning Ag Clips Mushroom Mountain

Natural Capital Investment Fund

(NCIF)

NC A&T College of Agriculture and

**Environmental Science** 

NC SARE

NC State University Cooperative

Extension

Nomadic Analytics Organic Growers School Rimol Greenhouse Systems

Santa Fe Natural Tobacco Company

Seal the Seasons Sierra Nevada

Southern Exposure Seed Exchange

Southern SARE

Southern Seed and Plant Exchange

Sow True Seed

USDA Natural Resources Conservation

Service (NRCS)

Valent

Weaver Street Market Whole Foods Market

WP Rawl

#### **OUR NETWORK**

2988 total members

574 new members in 2019

2074 members in NC

466 members in SC

212 national members

2 international members

#### TAKE ACTION NOW!

#### **Support CFSA**

You have the power to make a profound impact on our food system in the Carolinas by giving a tax-deductible gift in support of the sustainable food movement!

When you join CFSA as a member, you become part of a vibrant network of farmers, consumers, businesses, and organizations all working together to ensure a healthy and sustainable food system -- now and for future generations.

#### Join as a Member

CFSA Members get valuable benefits like deep discounts to our signature events, access to membership networking, and free on-farm technical assistance. Your membership – as a consumer, farmer, business, or organization – increases our voice as a champion of sustainable, regional food systems. Join or renew today!

#### **Become a Sustainer**

Your financial support is one of the best ways to help local farmers and champion good food. Consider joining CFSA's Perennial Givers Guild as a sustaining monthly or quarterly donor. Your recurring donation means so much and helps CFSA ensure we can continue to provide quality programming, on-farm technical assistance, and educational events across the Carolinas for another 40 years.

#### **CONNECT WITH US**

Facebook | Instagram | Twitter PO Box 448, Pittsboro, NC 27312 919-542-2402 carolinafarmstewards.org

#### Did You Know?

CFSA influenced the establishment of organic certification before there was an institutionalized process. CFSA continues to advocate with the National Organic Standards Board to ensure organic integrity in the Carolinas and across the country.

#### Why Is It Important?

Clusters of organic businesses help kick-start rural economies, which boosts medium household incomes by an average of \$2,000 and reduces poverty levels by 1.35%.



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## **GIVE TODAY!**

Your gift -- of any amount -- helps ensure a thriving regional food system in the Carolinas. A system that is good for farmers and farmworkers, good for consumers, and good for the land. Join us as a farmer, business, or supporter today!